



# PATHWAYS



**YOUR MAP TO  
COMPLETION for  
2025-2026**

## General Studies with Concentration in Health and Wellness Management

Associate in Science / Short-Term Certificate

Full Time	Course Prefix	Course Description	Credit Hours	Semesters Offered	Area
Semester 1	ORI 110	Freshman Seminar	1	Fa Sp Su	V
	ENG 101	English Composition I	3	Fa Sp Su	I
	MUS 101*	Music Appreciation	3	Fa Sp Su	II
	BIO 103	Principles of Biology I	4	Fa Sp Su	III
	SOC 200	Introduction to Sociology	3	Fa Sp Su	IV
	HED 224	Personal and Community Health	3	Fa Sp Su	V
Semester 2	ENG 102	English Composition II	3	Fa Sp Su	I
	BIO 104	Principles of Biology II	4	Fa Sp Su	III
	MTH 112	Precalculus Algebra	3	Fa Sp Su	III
	PSY 200	General Psychology	3	Fa Sp Su	IV
	HED 231	First Aid	3	Fa Sp Su	V
Semester 3	HIS 201*	United States History I	3	Fa Sp Su	IV
	ART 100*	Art Appreciation	3	Fa Sp Su	II
	PSY 210	Human Growth and Development	3	Fa Sp Su	V
	HED 232	Care & Prevention of Athletic Injuries	3	Fa	V
	PHL 206*	Ethics & Society	3	Fa Sp Su	II
Semester 4	ENG 251*	American Literature I	3	Fa Sp Su	II
	BUS 275	Principles of Management	3	Sp Su	V
	BIO 201	Human Anatomy & Physiology I	4	Fa Sp Su	V
	CIS 146	Computer Applications	3	Fa Sp Su	V
	HIS 202*	United States History II	3	Fa Sp Su	IV

Health and Wellness Management AS TOTAL HOURS 64

General Education Short-Term Certificate TOTAL HOURS 29

\* May be substituted per Business instructor's approval

**WALLACE STATE**  
HANCEVILLE • ONEONTA